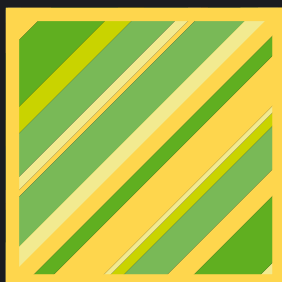
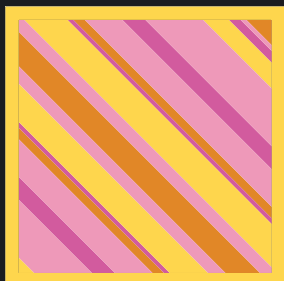
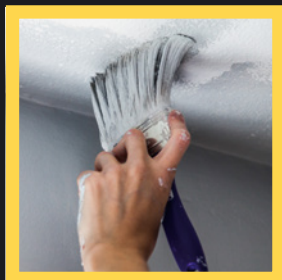


# Help at Home

Helping people to **live**  
**independently** at home



## We offer...

- Domestic cleaning, laundry and ironing
- Shopping and running errands
- Gardening maintenance
- Handyman service
- Deep cleaning and special disinfection service
- Befriending and days out
- Household management, including support with correspondence and paying bills
- Trustworthy tradespeople for those larger maintenance jobs.

## You can expect:

- A high quality, reliable service
- Regular visits or ad hoc visits as required
- Friendly staff – fully trained and police checked
- Same member of staff each week if preferred
- Competitive prices
- Access to other services provided by Disability Resource Centre and its partner organisations.

## A service you can trust

Help at Home is a social enterprise run by the Disability Resource Centre, which has been providing support services to disabled people and those with long-term health conditions since 1992. We understand the needs of our clients, their families and friends, which enables us to offer practical solutions that give peace of mind and reassurance. Disability Resource Centre also offers information and advice, advocacy, social and leisure activities, employment and training support, vetted products – including mobility aids, personal alarms and stair lifts, legal support and insurance.

## Tailored to meet individual needs and budgets

We believe in treating people as individuals and working with them to find solutions that best suit their needs and fit their budget. Help at Home currently operates in some key local areas of Birmingham and Solihull. Please contact us for more details.



### **Disability Resource Centre (Head Office)**

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